# **JONAH'S PROJECT**

Jonahs Project works with young people who are convicted, involved or at risk of criminal activity. Providing young people with a safe environment for positive reflection is at the core of all work we deliver, in doing this we aim to show young people that their negative experience or mistakes can be turned into positive life lessons.

### MENTORING

Young people will receive one to one sessions – although we can deliver a set amount of sessions on request, we prefer to work holistically around the needs and progress of the young person. One size does not fit all and the same is true of young people, what might take one young person 6 weeks to make a positive change may take another 20.

Once a young person shows they remain consistent in their positive changes, we would aim to wind down the sessions so as not to cause reliance on their mentor but to them empower them to progress on their own merit.

The progression of the young person will be recorded each session with a score out of 5 in each area: •Engagement – their level of engagement with the mentor in the session •Participation – their level of participation based on any targets set or activities •Attitude – their attitude, conduct and behaviour while attending their session and towards their targets



INFORMAL SESSIONS We can provide 2 members of staff to deliver youth centre style informal sessions, providing snacks, playing games and activities while giving a safe space for young people to engage with youth workers

Cost per Hour £60

Cost per hour £45

## SPECIALISMS FOR BESPOKE DELIVERY:

•Crime (county lines, sexual exploitation, gang activity)/ engagement with young people who may fit in this area •Black young people •Sports •Music

### WORKSHOPS

One-off workshops in particular areas with a view to the young people concentrating on a specific area such

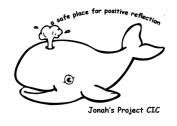
as:

•Employability/Enterprise skills – we have different workshops which cover areas such cv/cover letters, same skills different trade, transferable skills, pitch it •Financial education – money mules •Goal Setting – What does success look like? •Money Power Respect – activities based around relationships, the pull of money and the balance of power vs respect

We can also design workshops around any issues you would like us to address, the sessions would be based

on 2 hours.

Cost for a 2hour workshop £120





#### **GROUP SESSIONS**

Our group sessions are for a maximum of 10 young people and are delivered across a term. They are based around planting the seeds for recognising and starting personal development. The sessions are interactive and activity-based, each session revolves around a certain element such as resilience, validity, choices and consequences, relationships, accountability and personal reflection. Although we do not lead with issues that affect young people such as drugs, sexual activity or crime, these topics are organically brought forward by the young people due to the work that is being delivered allowing us to address or advise on their concerns. The group are encouraged to be accountable to each other and contribute to the growth and development of all members through positive peer support.

As a reward for their participation in the group sessions we are happy to arrange a trip (which would need transport support) or in house celebration with gift vouchers. Each block of 10 hours up to a maximum of 60 hours will gain an Activities and Peer Tutoring ASDAN Certificate. We are also able to offer a similar type of programme that would concentrate on training young people are Peer Mentors this would be aimed at older young people (Yr 10, 11 and 12) within the school. This would be a great addition to their CV, encourage accountability/responsibility and develop their employability skills.

Cost per term £ 1000 for one hour per week which includes 2 members of staff, snacks for each session and reward at the end of delivery

To Express Interest in booking any of our services



For any questions or queries please contact us: schools@jpinterceptionhub.co.uk 07537171890